

## About Your Physician

### RAVINDER S. KOHLI, MD, DM, FACC, FSCAI



Dr. Ravinder S. Kohli is board certified in internal medicine, cardiovascular disease and interventional cardiology. He received his medical degree in India, trained further in medicine and cardiology in England, and completed his training at the Medical College of Virginia where he also served on the faculty. Dr. Kohli is a fellow of the American College of Cardiology, European Society of Cardiology, and The Society of Cardiac Angiography and Intervention.

### VIKAS K. RATHI, MD, FACC



After receiving his medical degree, Dr. Rathi completed an Internal Medicine residency and Cardiology Fellowship at Allegheny General Hospital of Pittsburgh and a Fellowship in Cardiovascular MR Imaging and Spectroscopy at the University of Alabama at Birmingham. He is certified in cardiovascular MRI, cardiac CT, and advanced cardiac imaging. Dr. Rathi is also board certified in Internal Medicine, cardiovascular diseases and nuclear cardiology. He is on the editorial board of numerous journals, and serves as the Associate Editor for Society of Cardiovascular MRI. Currently, Dr. Rathi is the Medical Director of the Cardiovascular MRI program for Bon Secours Richmond Health System.

### SALLY HERNANDEZ ALFRED, RN, MSN, FNP-BC



Our nurse practitioner, Sally Alfred, attended Northwestern State University in Natchitoches, Louisiana for her undergraduate degree. She received her Nursing and Family Nurse Practitioner degree from Columbia University in New York. Ms. Alfred is fully licensed by the State of Virginia Board of Nursing and has received cardiac certification from the American College of Cardiology after completion of course work on *2009 Foundations for Practice Excellence: A Core Curriculum for the Cardiovascular Practitioner*. She is also on staff at Bon Secours St. Francis Medical Center.



**BON SECOURS MEDICAL GROUP**  
Bon Secours Richmond Health System

Good Help to Those in Need®

### Cardiology Associates of Central Virginia

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Colonial Heights, VA 23834

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Midlothian, VA 23112

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## Patient Information



good care

CARDIOLOGY ASSOCIATES  
OF CENTRAL VIRGINIA



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# Welcome...

Welcome to Cardiology Associates of Central Virginia. We strive to provide the highest quality of cardiac care to our patients and make the process for referring doctors easy, friendly and efficient. Our practice is NCQA certified.

## Mission Statement

To provide excellent quality personalized cardiac care, and recognize the heart and spirit connection.

## Services

- Chest Pain Evaluation
- Coronary Disease
- Advanced Heart Failure Treatment
- Heart Disease in Women
- Cardiomyopathy
- Hyperlipidemia
- Valvular Heart Disease
- Cardio-Metabolic Syndrome Screening
- ABI Testing
- Stress Testing
- Arrhythmia Management
- Advanced Cardiac Imaging (Cardiac MRI, Cardiac CT, TEE, SPECT Imaging)

We offer same-day evaluation and testing if necessary. Our non-invasive labs are accredited for echocardiography and stress testing. We also perform Holter recordings.

## Appointments

Our office is open Monday through Friday, 9:00 a.m. – 5:00 p.m. Patients are seen by appointment. In most circumstances, we can accommodate same-day appointments upon your phone call. Please contact us 24 hours in advance if you need to cancel your appointment.

In order to provide you with the best possible care, we need the most up-to-date information about you. Please remember to bring your insurance card and a list of all medications you are taking.

## Prescription Refills

For your convenience, refill requests for medications other than controlled drugs may be requested through your pharmacy, and your pharmacy will submit the request to us. Medication refill requests should be made during normal business hours. We require 48 hours to process refill requests. We are not able to provide medication requests after hours.

Please remember that in most situations, appropriate medical care requires a patient examination before a prescription can be filled.

## Telephone Calls

Have a question? That's why we are here! Feel free to call us Monday through Friday, 9:00 a.m. – 5:00 p.m. Our staff will make every effort to answer your call. If all of our staff are assisting patients and you receive

voicemail, please leave your name, date of birth, two telephone numbers where you may be reached and a brief description of your medical problem, so that we may process your call promptly.

Since our physician is caring for patients, only in the event of an urgent medical situation will the physician be called to the telephone immediately.

## Emergencies

Our physician is available to you 24 hours a day. You can call our main office number (804) 526-3010 during office hours, but after hours you will be transferred to our on-call physician service. ***If at any time you are experiencing a life-threatening emergency, call 911.***

## Medical Records

Your records are confidential and will not be released without a signed consent from you.

## Insurance and Payment Information

We accept most insurance plans, including Medicare. Many plans require that you make a co-payment at the time of your visit. To make it as easy as possible for you, we accept cash, checks, VISA and MasterCard. If you have any questions regarding your bill, please contact our business office at (804) 521-9300 or (800) 732-7072.