

About Your Provider

IRAJ MIRSHAHI, D.O.



Dr. Mirshahi received his medical degree from Texas College of Osteopathic Medicine and completed his residency at the Medical College of Virginia. He is board certified in Internal Medicine.

KHALID KARIM, M.D.



Dr. Karim received his medical degree from the University of Sind in Pakistan, and completed his residency at Easton Hospital in Pennsylvania. He was in practice for ten years before moving to Richmond. Dr. Karim is board certified in Internal Medicine.

SABINA ALI, M.D.



Dr. Ali received her medical degree from Dhaka Medical College in Dhaka, Bangladesh and completed her residency at Monmouth Medical Center in Long Branch, New Jersey. She is board certified in Internal Medicine.

CARRIE PASCOE, FNP



Carrie Pascoe, Certified Family Nurse Practitioner graduated from Florida Atlantic University with a Master of Science Degree in Nursing. She has recently moved from the Detroit area, and comes to us with over ten years' experience in Geriatrics as a nurse practitioner.

Patient Information



MONUMENT INTERNAL MEDICINE[®]
Bon Secours St. Mary's Hospital

Good Help to Those in Need[®]

good care

MONUMENT INTERNAL MEDICINE

Monument Internal Medicine

St. Mary's Hospital
5855 BreMO Road, Suite 102
Richmond, VA 23226

804-673-2814

Fax 804-673-2873

Telephone hours: Monday-Friday, 7 a.m.-7 p.m.

www.bonsecours.com



MONUMENT INTERNAL MEDICINE[®]
Bon Secours St. Mary's Hospital

Good Help to Those in Need[®]

welcome ...

Welcome to Monument Internal Medicine. It is our sincere desire to give you the best health care possible. We specialize in internal medicine and provide primary care through all stages of adult life.

Services

Our comprehensive services include:

- Annual and sports physicals
- Treatment and prevention of diseases such as diabetes, hypertension, and obesity
- Senior care
- Nursing home care
- Minor surgery and lesion removal
- Women's services, including Pap smears

Appointments

Our office is open Monday through Friday, 8 a.m.-4:30 p.m. Patients are seen by appointment. In most circumstances, we can accommodate same-day appointments upon your phone call. Please contact us 24 hours in advance if you need to cancel your appointment.

In order to provide you with the best possible care, we need the most up-to-date information about you. Please remember to bring your insurance card and a list of all medications you are taking.

Medical records

Your records are confidential and will not be released without signed consent from you.

Prescription refills

For your convenience, refill requests for medications other than controlled drugs may be requested through your pharmacy, and your pharmacy will submit the request to us. Medication refill requests should be made during normal business hours. We require 48 hours to process refill requests. We are not able to provide medication requests after hours.

Please remember that in most situations, appropriate medical care requires a patient examination before a prescription can be filled.

Telephone calls

Have a question? That's why we are here! Feel free to call us Monday through Friday, 7 a.m. - 7 p.m. Our staff will make every effort to answer your call. If all of our staff are assisting patients and you receive voice mail, please leave your name, date of birth, two telephone numbers where you may be reached and a brief description of your medical problem, so that we may process your call promptly.

Since our physicians are caring for patients, only in the event of an urgent medical situation will the physician be called to the telephone immediately.

Emergencies

For emergencies, our physicians are available to you 24 hours a day. You can call our main office number, 804-673-2814, and after hours you will be transferred to our on-call physician service. ***If at any time you are experiencing a life-threatening emergency, call 911.***

Referrals

If your physician has referred you to a specialist, we request a 48-hour notice for processing referrals, except for emergencies.

Insurance and payment information

We accept most insurance plans, including Medicare. Many plans require that you make a co-payment at the time of your visit. For self-pay patients, payment is expected in full at the time of service. To make payment as easy as possible for you, we accept cash, checks, Visa and MasterCard. Patients may contact the practice manager to discuss options for financial assistance. If you have any questions regarding your bill, please contact our business office at 804-521-9300 or 800-732-7072.