



NEWS RELEASE

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Bon Secours Virginia Opens Good Health Clinic *Employee Clinic Complements Health System's Wellness Programs*

RICHMOND, VA - (Sept. 20, 2011) – Access to care for everyday illnesses just got a little easier for Bon Secours Virginia employees and their families. The health system today announced the opening of the Good Health Clinic, which provides Bon Secours Virginia employees and their families with convenient access to care for non-emergency illnesses.

“The Good Health Clinic is an extension of Bon Secours Virginia’s mission to provide good help—not only to patients, but also to the staff members who take care of them,” said Peter J. Bernard, president and CEO of Bon Secours Virginia. “It’s intrinsically tied to our values—when our bodies are healthy, our potential to care for others increases exponentially.”

With efficient walk-in appointments and extended weekday and weekend hours, employees and their families can get better and back to work and life faster. Located on-site at St. Mary’s Hospital, the Good Health Clinic offers urgent walk-in care for coughs, colds and fevers. Referrals to specialists are available when appropriate, as well as health screenings and wellness programs. At the clinic, employees and their families can also sign up for the MyChart personal health record to view lab results, schedule appointments and communicate with their physicians.

A second initiative and employee benefit, is the Good Health Pharmacy, which also is located on site at St. Mary’s, and offers Bon Secours Virginia employees and their families a convenient location to fill prescriptions and consult with pharmacists.

“Having access to the Good Health Clinic, as well as the on-site Pharmacy, will make a huge difference in the lives of our employees—particularly those employees who work a regular 9 – 5 shift, sometimes making it difficult for them to get to a physician office,” said Bonnie Shelor, senior vice president of human resources for Bon Secours Virginia. “Our employees work hard to care for our patients—we hope the clinic will make it easier for them to care for themselves and their families.”

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Bon Secours Virginia has long been invested in the wellbeing of its employees and initiated the first extensive wellness program in the Commonwealth in 1993. The Good Health Clinic complements Bon Secours Virginia's Employee Wellness and Employee Assistance Programs, which provide comprehensive health services, including biometric screening, digital and on-site health coaching and strategic incentives. More than half of Bon Secours Virginia employees—nearly 5,000—participate in these programs.

Major health systems and other corporations in Richmond and across the country are making similar commitments to employee health and wellness, and studies show that these types of investments improve health and reduce cost.

According to the Kaiser Family Foundation, the United States spends more than \$2.3 trillion a year on health care—more than 16 percent of Gross Domestic Product—and the highest among industrialized nations. Costs to care for chronic diseases—many of which can be prevented with diet, exercise and proactive care—account for the majority of this expenditure.

“Investments in employee wellness can proactively address many of the health conditions that burden us and our nation's finances,” said Bernard. “Bon Secours Virginia encourages a culture of health based on a model of accountable care. By integrating resources, such as the Good Health Clinic, with our broader wellness programs, we hope not only to reduce costs, but also create a healthier workforce and healthier communities.”

The Good Health Clinic at St. Mary's is a pilot program, and Bon Secours plans to open five other clinics across the system over the next two years; the next slated for the Hampton Roads area.

For more information on the Good Health Clinic, please visit www.bsvagoodhealthclinic.com.

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About Bon Secours Virginia Health System

Bon Secours Virginia (BSV) is the fourth largest and only faith-based health system in Virginia. It is comprised of Bon Secours Richmond and Bon Secours Hampton Roads. Bon Secours Virginia includes seven award-winning hospitals: four in Richmond (St. Mary's Hospital, Memorial Regional Medical Center, Richmond Community Hospital and St. Francis Medical Center) and three in Hampton Roads (Maryview Medical Center, DePaul Medical Center and Mary Immaculate Hospital). Bon Secours Virginia is part of the Bon Secours Health System, headquartered in Marriottsville, Md.

Bon Secours brings together a network of hospitals, primary care practices, ambulatory care sites and continuing care facilities to provide quality health care services to thousands of Virginians. The not-for-profit Catholic health system employs nearly 11,000 people, 7,000 in Richmond and 4,000 in Hampton Roads. Bon Secours Virginia hospitals offer a full range of services including cardiac, women's, children's, orthopaedics, oncology, neurosciences and surgery.

Bon Secours is consistently recognized for its commitment to employees and has received several accolades in this category, including the Gallup Great Workplace Award, the Wellness Councils of America “Well Workplace” Gold Award, the American Heart Association Platinum “Fit Company” Award and the Virginia Business Coalition on Health's Award for Wellness in the Workplace.